



Summer Newsletter

We hope to keep all our patients up to date with information about the surgery and help them to make the right choices about their health.

Shepley Health Centre

Patient Reference Group

Our patient group meets every 3 months to discuss changes and upcoming projects at the surgery and wider locality.....

This month we discussed....

* Staff updates

Communication in the community

* Text messaging service

* The Mast Patient participation group

We also had a guest speaker from Kirklees Personalised Care Services

Dates of future PRG meetings:

23rd September 2024

16th December 2024

Please speak to a member of the reception team, should you wish to attend.

PATIENT ACCESS AND NHS APP SUPPORT

NEW DROP IN SESSIONS

We are now running a monthly drop in session for patients who require support getting on to the NHS App, Patient Access or the Patch's E-consult system. The following dates are available for this sit and wait service.

Monday 12th July 12-1pm

Monday 18th August 4-6pm

Monday 9th Sept 12-1pm

PLEASE BRING YOUR EMAIL & LOGIN DETAILS

Tell me more about.....PATCH's message and econsult system

What is Patch's? Patch's is an online consultation service that helps you communicate with our practice without the need for an appointment

How does it work? You can send an e-consult to request health advice, fit notes and changes to your medical record without an appointment.

How do I set up a Patch's account? Access the Shepley Health Centre website and click on the Patch's logo to create an account

I don't have a computer/internet access can I still use this service? No problem, our Reception team can submit a request on your behalf

Where can I find out more? Visit www.patcheshealth.com/patches-for-patients



Spotlight on....

THE MAST PCN

A LIFE IN THE DAY OF.....DR PAUL CULLINEY....

Each issue we bring you a typical day at Shepley for one of our staff members

7.00am : I arrive at the Surgery (having already been to the gym for an hour) to do various clinical tasks before my morning Surgery. This can include, prescriptions, test results, letters and referrals, e-consults, insurance reports and liaising with specialist colleagues to name but a few!

8.00am: I grab myself a coffee and start my morning Surgery. General Practice requires a great variety of different skills; every day brings something interesting and new. In addition to my appointments I also have to deal with staff tasks, prescriptions, e-consults etc. Our role as GP's has changed significantly over the last few years. We take on more complex tasks that previously may have been done by our hospital colleagues such as minor surgery.

Lunch time period: more behind the scenes tasks which may include meetings with other specialists, speaking to the coroner's office, emails or an urgent home visit.

2pm: after catching up with staff, afternoon post (and grab another coffee and refill my water bottle) it's time for my afternoon surgery. This may take the traditional mixture of telephone calls, face to face appointments and any urgent queries if I am the 'On Call' doctor or, alternatively, I may have a Minor Surgery clinic which I have specific training in. Assisted by a member of the nursing staff we are able to treat certain minor problems such as skin lesions and ingrowing toenails.

5-6pm: I finish my admin tasks, catch up with the other Shepley doctors and head home to walk my dog, water the garden and make dinner.

Shepley Health Centre is part of The **Mast Health Primary Care Network (PCN)**. The Network is made up of 5 local Practices with a population of over 35,000 patients.

PCNs are a key part of the NHS Long Term Plan. They provide the structure and funding for services to be developed locally, in response to the needs of the patients they serve.

PCNs will help to join up services at a local level, focusing on the specific needs of these local populations, with patients still accessing routine GP appointments as they do now.

PCNs are groups of GP practices working closely together, along with other healthcare staff and organisations within the NHS and voluntary sector, to improve the healthcare of our local population by providing integrated healthcare services.

For further information about The Mast PCN Network please visit their website:

www.themastpcn.co.uk





Did you know you can self refer?

We want to help support you in which ever direction you need to go. Find below some services which you can self refer to:

Kirklees Talking Therapies (IAPT):

Telephone: 01484 343700

Online by visiting: <https://kirklees-talkingtherapies.nhs.uk/>

CAMHS and CHEWS (telephone referral)

Single Point of Contact (Locala - SPOC):

Telephone 0300 304 5555

Continance:

Single Point of Contact (Locala - SPOC):

Telephone 0300 304 5555

Pears scheme for eyes:

Many Opticians accept self referrals, please ask at Shepley Surgery's reception for further information.

Gateway to Care:

Telephone 0300 304 5555



News.....Breaking News.....Br

MACMILLAN

COFFEE MORNING

Friday 27th September 2024

We are pleased to announce we'll be holding a coffee and cake event at the Surgery on the last Friday of September. Please come and join us for a cuppa, a slice of something and help raise money for an important cause.

Approximately 3 million people are living with cancer in the UK. Macmillan provide vital support to those affected by the disease.



Alcohol Awareness Week

1-7 July 2024

Alcohol Awareness Week is a chance for the UK to get thinking about drinking. It's a week of awareness-raising, campaigning for change, and more. The theme for Alcohol Awareness Week 2024 is 'understanding alcohol harm'.

[Alcohol Change](#)



Armed Forces veteran friendly accredited GP practice

We are pleased to announce that we have received accreditation as a veteran friendly practice. We are committed to engaging with our armed services community at the Surgery

Coming Next Month

Coming next issue info: Information about this years flu campaign, Patient Participation Group details, a life in the day of our Clinical Pharmacist medical wordsearch quiz and much more!!

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NON ATTENDANCES

During March, April and May we had 73 patients who did not attend their appointments.

If you cannot attend a pre-booked appointment please CANCEL in ADVANCE so we have more availability for other patients.

Repeat Prescriptions

You can order a repeat prescription in the following ways:

1. Tick the items required on the white portion of your prescription then **hand it into reception**.
2. **Order online** using the NHS App.

Please remember to allow 48hours for prescription requests.

Closure Dates for staff training

This is mandatory requirement for all GP Practices

Tuesday 25th June 2023 — close at 1pm

Tuesday 16th July 2023 — close at 1pm

Tuesday 20th August 2023 — close at 1pm

